



## CAKE, BIKES AND WINE

### A CONVERSATION WITH DUFFLET

To bicycle people, Dufflet Rosenberg is more than the Queen of Cakes. She's the Queen of Bikes too. This year marks her 35th year of baking for the masses, and over the past few years, she's been putting her company muscle behind bike advocacy. The third annual Tour de Dufflet kicks off May 25, and runs through June 30. Participants are rewarded for visiting her three shops in one day—on a bicycle, of course. A \$5 entry fee goes to a bike advocacy organization. You'll have to visit [touredufflet.blogspot.com](http://touredufflet.blogspot.com) to find out how to get involved. Meanwhile, let's talk bike, cake and wine (some of our favourite subjects) with Dufflet...

**DO YOU TRAVEL ON BIKE?** Yes, to Europe every year, and we take our tandem on the plane with us (it's a commonly asked question!). We stick to Western Europe—France, Italy, Portugal, Spain. This year, I'm thinking the Pyrenees.

**HAVE YOU TRAVELED FOR WINE?** It's definitely part of our vacations by default. The trip from Lyon to Marseille included Cote du Rhones, Chateauneuf-du-Pape and a few whites from the Loire.

**WHAT'S YOUR FAVOURITE WINE?** Hmm... I don't really have a favourite. I would say I am a fan of riesling and gewürztraminer from Ontario.

**IS IT HARD TO BIKE THROUGH A WINE REGION?** Not at all. It's usually flatter where the wines are grown. We look for climbs on our rides, and pass hundreds of vineyards. Unfortunately, no stopping and sipping because we need to keep our wits about us. The wine comes later. The vines are lovely to see and because we go in the fall the grapes are just ready to be picked. Often we see the small tractors driving along dropping grapes along the way. Makes for a very sticky road.

**WHAT ARE THE BEST WINE MATCHES WITH CAKE?** Champagne! I haven't really found anything else to go with cake. Maybe a late harvest, but it's competing with the cake.



**EAT MORE CAKE™  
RIDE MORE BIKE**

May 25 - June 30, 2010  
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