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Kitchen Cupboard <http://www.montrealgazette.com/life/Kitchen+Cupboard/1896560/story.html>

BY LESLEY CHESTERMAN, FREELANCE AUGUST 15, 2009

DUFFLET CAKELET, \$13.99, serves six to eight people

One of Toronto's top bakeries, Dufflet, has gotten into the frozen dessert game, first with several decadent tarts and now with these compact layer cakes. With no artificial flavours, colours, preservatives or hydrogenated fats, this classic white sponge with layers of tangy buttercream comes close to homemade. Yes, it's better to bake your own, but when you need dessert, a quick birthday-cake solution or just feel like you want to indulge, this tender, lemony cake is a great choice. It also has a clean mouthfeel and keeps well for several days at room temperature. Add a few berries and some fruit coulis and, voilà!, a delicious, fast and easy dessert.

Available at Metro Les Cinq Saisons, 1180 Bernard Ave. in Outremont, and 1250 Greene Ave. in Westmount, as well as Metro Plus in Beaconsfield and Pointe-Claire.

www.dufflet.com - august 2009