

TORONTO

SHINY HAPPY PEOPLE

We asked nine of the city's perpetually peppy to share the secrets of their jubilant joie de vivre

THE SWEET SPOT DUFFLET ROSENBERG

Age 52

Job Founder of Dufflet Pastries (and also its CEO, but she likes the other title better)

Domestic details More or less married, with two cats

Neighbourhood Queen and Dovercourt

Just how happy ... It's not hard for Rosenberg to stay happy, when her work consists of making happy things to mark people's special days. "The happiness they feel just rubs off on me," she says. Rosenberg says that as time has passed, it's been easier to stay in a positive state of mind. "You take things in stride more. I've accomplished more than I ever imagined, so I feel I should be capable of enjoying it." Her happiest moment was when she learned to ride her bike. And cake-related fame hasn't gotten to her. She continues to cycle around Toronto.

And Despite being a pastry aficionado, Rosenberg is no dark-chocolate snob. "I'm wide open in the sweet-eating department," she says.



PETER REDMAN / NATIONAL POST

