

DUFFLET

eat more cake - ride more bike

Get a little exercise and something sweet by cycling to all 3 Dufflet retail café locations in one day. Registered participants will receive a souvenir gift, something sweet and other goodies by cycling to each Dufflet cafe and having their Tour de Dufflet Passport stamped when they arrive.

The Tour de Dufflet will run daily (**except Mondays**) throughout Bike Month beginning May 26th until June 25st (**from 10 am to 5 pm**). The registration fee of \$5 per participant will be donated to a bicycle friendly charity and will enter your name for a **grand prize draw** at the end of Bike Month.

Beginning May 26th you may register at any location by dropping in prior to beginning your ride. Your registration fee is not required until the day you pick up your passport and begin your tour.

Fun for the whole family, we welcome your **photos, route tips and comments** to be posted on the Tour de Dufflet blog - please send these to touredufflet@gmail.com.

**Take the Tour de Dufflet challenge
- a sweet way to get outside!**

DUFFLET PASTRIES café locations

Downtown: 787 Queen St. West

Uptown: 2638 Yonge Street

Beach: 1917 Queen St. East



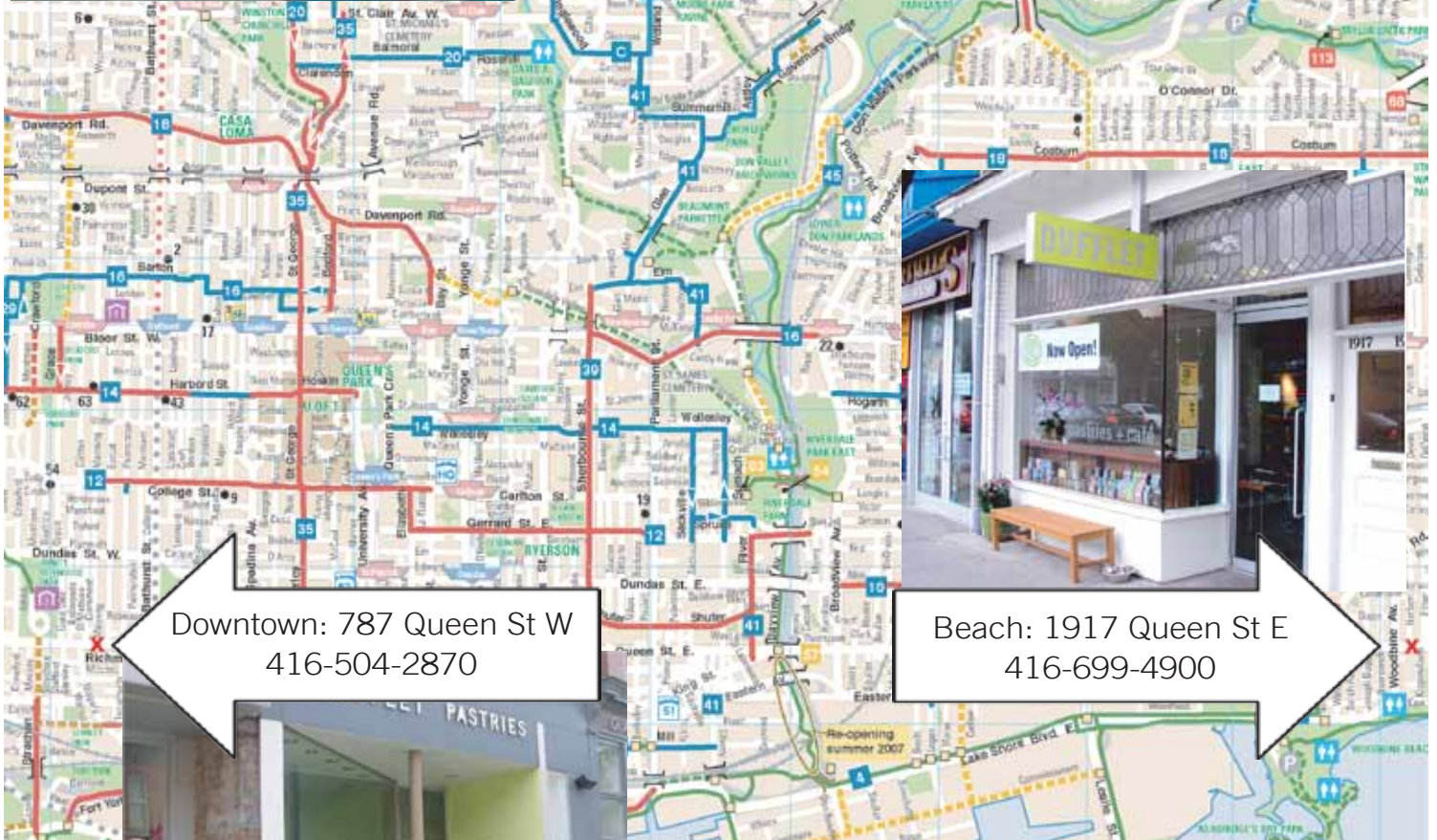
TOUR DE DUFFLET

Toronto Bike Month, May 26 to June 25, 2009

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Uptown: 2638 Yonge Street
416-484-9080



Downtown: 787 Queen St W
416-504-2870

Beach: 1917 Queen St E
416-699-4900



Tour de Dufflet runs daily EXCEPT MONDAYS
from May 26 - June 25, 2009, 10 am to 5 pm
Pre-Register at any Dufflet location or
via email to touredufflet@gmail.com
Entry fee of \$5 not required until you begin the Tour
All 3 Dufflet locations must be visited in one day.
- participants must ride bicycles to be eligible!